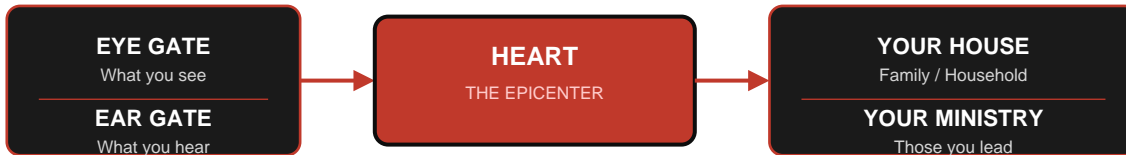


GATE ATTACK ASSESSMENT

Examining Your Eye Gate, Ear Gate & the Epicenter of Your Heart

"Keep your heart with all vigilance, for from it flow the springs of life." — Proverbs 4:23

"Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion." — 1 Peter 5:8



The enemy operates on two fronts. Sometimes he moves like a thief — quietly, slowly, through small compromises at the gate that you barely noticed until the damage was done. Other times he comes like a roaring lion — a full-on assault, a direct hit designed to break you, scatter what you love, and take your post. **Both are real. Both leave marks.** The eye gate and the ear gate are the two primary access points into a man's interior world. Whatever enters through them — whether it slipped in gradually or hit like a battering ram — lands in the heart. And what governs the heart governs the territory: your household, your children, the people you lead.

This assessment examines both. Answer every question as a watchman who is **serious about seeing clearly and taking his post back** — not as someone managing their image.

Name

:

Date:

THE EYE GATE & THE EAR GATE

Examining what has come against your gates — whether through slow compromise or direct assault.

[EYE GATE] WHAT YOUR EYES HAVE BEEN EXPOSED TO

Matthew 6:22-23 — "The eye is the lamp of the body. If your eyes are healthy, your whole body will be full of light. But if your eyes are unhealthy, your whole body will be full of darkness."

The eye gate can be taken by stealth or by storm. Sometimes a man slowly drifts into what he watches — small concessions that compound over time. Other times the assault is direct: an image that hit without warning, a scene that embedded itself, a temptation that came at him hard in a moment of weakness. Either way, what the eyes receive goes straight to the heart. Examine what has had access to your eyes — and what it left behind.

1. What visual content — whether you sought it or it came at you — has had the most significant impact on your interior world? Describe both what it is and how it entered: was it a slow drift or a direct hit?

2. What have your eyes been exposed to that you have never fully brought into the light, repented of, or placed a hard boundary around? What is keeping that boundary from being set?

[EAR GATE] WHAT HAS BEEN SPOKEN INTO YOU

Romans 10:17 — "Faith comes from hearing, and hearing through the word of Christ."

If faith comes by hearing, then so does fear. So does the lie you now believe about yourself. The ear gate works both ways — a man can be worn down by a voice that speaks into him consistently over time, or he can be shaken by a single word spoken in a moment that cut deep and never fully healed. Examine what voices have had the most access to your interior — and what they have been building or destroying.

1. What voices — people, media, music, or the narrative running in your own head — have had the most consistent access to your ear gate this season? Are they building you toward your assignment or pulling you under? Name them specifically.

2. What word, accusation, or message have you heard — whether it came from someone else or from within — that has taken root as something you now believe about yourself, God, or your future? When did you first receive it?

THE EPICENTER

THE HEART — WHERE IT ALL LANDS

Whether it came through slow compromise or sudden assault, it settled somewhere in your heart. Surface it.

[THE HEART] WHAT HAS TAKEN ROOT IN YOUR INTERIOR WORLD

Proverbs 4:23 — "Keep your heart with all vigilance, for from it flow the springs of life."

The heart is not just an emotional center — it is a strategic target and a spiritual command post. Whatever governs your heart governs your output. What entered through your eye gate and ear gate — gradually or by force — has taken up residence somewhere in your interior. Name it. You cannot guard what you refuse to examine.

1. Based on your answers above — what has been deposited in your heart that should not be there? Name it plainly and directly: fear, lust, bitterness, doubt, pride, apathy, grief, or something else. If the assault was direct, describe what it hit and what it broke.

2. What emotion or internal narrative rises first when you are under pressure, in conflict, or facing failure? What does that pattern reveal about what is currently governing your heart?

3. If the springs flowing from your heart right now were made fully visible — to your family, to the men you lead, and to God — what would they see coming out of you?

THE RELATIONAL TERRITORY YOU ARE RESPONSIBLE TO GUARD

What hits a man personally does not stay contained — it flows directly into the lives connected to him.

A man's personal gate attacks — whether they came through slow exposure or sudden assault — do not stay personal for long. What has entered his heart will flow into his household and into the people he leads. Before you can build strategy, you must see clearly what the current condition of your territory actually looks like — and your honest role in creating or allowing those conditions.

PURVIEW GATE 1 THE HOUSEHOLD GATE

Joshua 24:15 — "As for me and my house, we will serve the Lord."

Your household gate governs entry into the lives of everyone under your roof. The spiritual atmosphere of your home is not neutral — it is either being set by you or by something that has gotten past you. Whether the breach came gradually through neglect or hit your household like a direct attack, examine the current condition of what you are responsible to cover.

YOUR SPOUSE OR CLOSEST RELATIONSHIP

1. What has your personal gate exposure — whether through slow compromise or a direct assault — cost this relationship? What has your partner had to absorb, carry, or fight through because of what entered through you or came against you both?

YOUR CHILDREN OR HOUSEHOLD MEMBERS

1. What spiritual atmosphere have you created or allowed in your home — and what are the people under your roof being shaped by? Describe what it actually feels like to live in your house spiritually right now.

THE HOUSEHOLD AS A WHOLE

1. What specific attack — a pattern, a spirit, a destructive influence, a direct hit on your family — has entered or struck your household, and what has been your level of resistance and response to it?

PURVIEW GATE 2 THE MINISTRY GATE

Ezekiel 34:2-4 — "Woe to the shepherds of Israel who only take care of themselves! Should not shepherds take care of the flock?"

The ministry gate governs your influence over those you lead spiritually — your brothers in Division One, those you disciple, the people who follow your voice. A watchman under attack who does not acknowledge it becomes a compromised post — still standing, but no longer seeing clearly. He cannot call out what he is personally carrying. Examine your ministry territory honestly.

YOUR PRESENCE & POSTURE IN MINISTRY

1. Are you showing up to lead from a place of genuine overflow, or are you leading from a deficit — performing strength while internally under pressure or compromised? Describe what is actually true right now.

THOSE YOU DISCIPLE OR LEAD

1. Is there anyone in your sphere of ministry influence that you have spiritually neglected, avoided hard conversation with, or failed to warn when you sensed something was wrong? What held you back — and was it the attack on your own gates that blinded you?

YOUR MINISTRY COMMUNITY AS A WHOLE

1. What is the current spiritual temperature of the men you are in community with? Is it rising or falling — and what has your personal gate condition contributed to that direction, for better or worse?

STRATEGIC RESPONSE

Assessment without response is just self-awareness. A watchman does not merely name what hit him — he repositions, seals the breach, and retakes his post. Use this section to move from examination to war strategy.

The Primary Point of Attack

Looking across your eye gate, ear gate, and heart — what is the single most significant point of attack that must be addressed first? Was it a slow compromise or a direct hit? Name it and explain why it is the priority.

The Cost Inventory

What has this attack already cost you — in your relationship with God, in your household, and in your ministry? Write the honest total, not the version that makes you feel better.

The Countermove

What specific, actionable boundary or decision will you make this week to begin sealing this gate and retaking this ground? Do not write a general intention. Write a specific action, a specific day, and who will hold you accountable to it.

The Watchman's Declaration

Write a direct, first-person declaration over your gates — personal and purview. Speak it as a man who knows his authority and has decided to use it. This is your vow.

"So we built the wall... for the people had a mind to work." — Nehemiah 4:6

THE WATCHMEN · DIVISION ONE BUILD · Session 3: Strategy · Gate Attack Assessment